

Zmedi Welcomes  
Georgios Karanastasis, MD, Internal Medicine



Dr. Karanastasis joins  
the practice of  
Asad Zaman, MD and  
Sandhya Nagubadi, MD

- immediate access
- board-certified
- fluent in Greek and English
- on staff at  
Advocate South Suburban Hospital



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Dr. Karanastasis, a native of Greece, excelled in mathematics and science early in life and was inspired to become a physician because his birthplace of Kos Island was also home to Hippocrates, the father of medicine.

He graduated from University of Athens Medical School and is board-certified in internal medicine. Dr. Karanastasis has experience as a research fellow in cardiovascular medicine at the University of Athens and practiced as a primary care physician in Greece for several years. Dr. Karanastasis immigrated to the United States in 2004. In 2008, he completed his internal medicine residency at John H. Stroger Hospital of Cook County.

Now a resident of Orland Park, Dr. Karanastasis looks forward to continuing his life's mission of community care. He enjoys using the full scope of his internal medicine competencies in treating his patients and treats each of his patients with dignity, kindness, and compassion.

- general health and wellness of adult and geriatric patients.
- cardiovascular disease
- cancer prevention

Dr. Karanastasis is fluent in Greek and English and is on staff at Advocate South Suburban Hospital.



new dimensions  
in healthcare

**Dr. Karanastasis is available for immediate appointments.**

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